

JOIN US

for a short presentation on

*Stress Management for
Farmers, Ranchers and Communities
presented by
Catholic Charities North Dakota*

Where: St. Catherine's Parish Hall-Valley City

When: January 23, 2020-7:00 pm

Catholic Charities North Dakota is excited to announce that we will be providing community meetings regarding resources and support for the current community crisis related to farming. We will be providing a presentation that discusses resources and ways to better support communities that are being impacted.

We will be offering support to clergy and community members that are currently providing this support if requested.

We will also be offering a follow up to the communities that request by attending coffee at a café, or where ever the community requests, for additional support and guidance.



**Catholic
Charities
North Dakota**

www.CatholicCharitiesND.org



JENNIFER EBERLE, MS, LPCC
Counseling

St. Catherine's Parish Hall
540 3rd AVE
701-235-4457