



**Mary Jo Andersen, NCC, LPCC**

**Director Counseling Service**

Mary Jo received her Masters degree in Counseling and Student Affairs from Minnesota State University Moorhead in 2001. She is a National Certified Counselor (NCC) and is a Licensed Professional Clinical Counselor (LPCC). She has 16 years of experience working with people with physical, mental and developmental disabilities both as a direct care professional and as an administrator of an In Home Support Program for children. She taught job seeking skills, assisted with career exploration, and provided case management while working as a vocational rehabilitation counselor. She has specialized training and experience working with people with Traumatic Brain Injury. She currently provides individual, couple and family therapy. She is married to Jens (for 14 years) and has three children. When not working, she enjoys reading, camping, and fishing with her family.



**Peter Edwards, LICSW**

**Clinical Supervisor**

Peter received his Masters degree in Social Work from the University of Denver in 1977. He is a Licensed Independent Clinical Social Worker (LICSW). In 2008 he completed a 4 year program to be certified as a Spiritual Director. He has spent his entire career promoting strong marriages and healthy family life through his work as a counselor, supervisor, workshop presenter, author, trainer, program developer and family life director. His current professional interests include couple counseling, psychotherapy with adults and the integration of spirituality and holistic living into our daily lives. Peter is married to Joan (for 39 years) and has four adult children and three grandchildren. Peter treasures any time he can spend with family and enjoys reading, golfing and baking cookies.



**Laura Kensok, LCSW**

**Clinician**

Laura received her Masters of Social Work in the field of Clinical Social Work from the College of St Catherine/University of St. Thomas and a Master of Arts in Theology from Luther Seminary both in 2007. She is a Licensed Certified Social Worker (LCSW). Laura's career focus has been in children's mental health services. She has received post-graduate training in evidence based treatments for traumatized children and adolescents and their parents. Her professional interests include working with children, adolescents, families and adults. She enjoys spending time with her family, friends, and pets.

### Grand Forks Office



**Pamela Elmquist, LSW, LPC**

**Clinician**

Pamela is a Licensed Professional Counselor and a Licensed Social Worker with 14 years of experience in a variety of settings. She holds a Minor in Chemical Use and Abuse Awareness. She is a trained Play Therapist and spent 5 years working with Pre-School aged children in a school setting. Pamela also spent 3 years working with juveniles who had emotional and legal problems. Other experience involved providing Individual, Couples, and Family Therapy and In-Home Support Services. Pamela has a husband and three children who keep her busy when she is not at work. She believes in the power of people to change and to live rich and full lives no matter what they may have dealt with in the past or may currently be dealing with.

### Langdon Office



**Barb Boesi, MEd, LAPC**

**Clinician**

Barb received her Masters degree in Education and Clinical counseling from NDSU. She also has a BA in psychology, with a minor in Child Development, received from Concordia College, Moorhead, MN. She has been a school counselor at St. Alphonsus Elementary School for 8 years. Barb and her husband, Paul, live in Langdon with their two sons, where she is on the Langdon Daycare Board as well as a member of the Friendship Star Quilters Guild. She provides individual, marital, and family counseling at St. Alphonsus School at 209 10<sup>th</sup> Ave. in Langdon. Counseling services at Catholic Charities North Dakota are available to people of all faith denominations.

*Providing help. Creating hope. Transforming lives.*